## Take the American Medicine Chest Challenge... in 5 easy steps.



- **1** Take inventory of your prescription and over-the-counter medicine.
- **2**-Secure your medicine chest.
- **3** Safely dispose of your unused, unwanted, and expired medicine.
- **4** Take your medicine exactly as prescribed.
- **5** Talk to your children about the dangers of prescription drug abuse... they are listening.

To find out more, visit...

## **AmericanMedicineChest.com**



Partnership for a Drug-Free New Jersey (Insert your Municipal Alliance Here)

in Cooperation with the Governor's Council on Alcoholism and Drug Abuse and the NJ Dept. of Human Services